**HOW TO HANDLE ROUGH TIMES**

Living Bold in Tough Times – Part 6

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**Philippians 4:13 (KJV)**   
I can do all things through Christ who strengthens me.

1 Peter 4:1-19

**1 Peter 4:1 (NIV)**

Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, ...

**HOW TO HANDLE ROUGH TIMES**

1. **Prepare Your Mind**

**1 Peter 4:1 (NIV)**   
Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because he who has suffered in his body is done with sin.

**1 Peter 4:12-13 (NIV)**   
Dear friends, do not be surprised at the painful trial you are suffering, as though something strange were happening to you. But rejoice that you participate in the sufferings of Christ, so that you may be overjoyed when his glory is revealed.

2. **Prepare Your Soul**

**1 Peter 4:7 (NIV)**   
The end of all things is near. Therefore, be clear minded and self-controlled so that you can pray.

Improving your prayer life;

* **Take It Seriously**
* **Discipline Yourself**
* **Be Willing To Take A Hard Look At Yourself**

**1 Peter 4:17 (NIV)**   
For it is time for judgment to begin with the family of God; and if it begins with us, what will the outcome be for those who do not obey the gospel of God?

3. **Prepare Your Heart**

**1 Peter 4:8 (NIV)**   
Above all, love each other deeply, because love covers over a multitude of sins.

**Psalm 133:1 (NIV)**   
How good and pleasant it is when brothers live together in unity

**HOW TO PRACTICE THE HABIT OF LOVING OTHERS?**

* **Accommodate One Another**

**1 Peter 4:9 (NIV)**   
Offer hospitality to one another without grumbling.

* **Serve One Another**

**1 Peter 4:10 (NIV)**   
Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms.

* **Encourage One Another**

**1 Peter 4:11 (NLT2)**   
Do you have the gift of speaking? Then speak as though God himself were speaking through you...